

Available online at:
www.ranzcog.edu.au/publications/oandg

O&G Magazine Editors

Dr Eleanor Long
Penelope Griffiths
Cassandra Humble

O&G Advisory Group

Professor Caroline de Costa—Council Rep, Qld
Dr Sarah Tout—Council Rep, New Zealand
Dr Steve Robson—Fellows Rep, ACT
Dr John Schibeci—Diplomates Rep, NSW
Dr Gareth Weston—Trainees Rep, Vic

Editorial Communications

O&G Advisory Group, RANZCOG
254–260 Albert Street
East Melbourne Vic 3002 Australia
(t) +61 3 9417 1699
(f) +61 3 9419 0672

(e) ranzcog@ranzcog.edu.au

Advertising Sales

Bill Minnis, Director
Minnis Communications
(t)+61 3 9824 5241
(f)+61 3 9824 5247

(e) info@minniscomms.com.au

Design / Layout

Cassandra Humble

O&G magazine authorised by
Dr Eleanor Long © 2005 The Royal
Australian and New Zealand College
of Obstetricians and Gynaecologists
(RANZCOG). All rights reserved. No part
of this publication may be reproduced
or copied in any form or by any means
without the written permission of the
publisher. The submission of articles,
news items and letters is encouraged.

For further information about contrib-
uting to O&G visit: www.ranzcog.edu.au/publications/oandg

The statements and opinions expressed
in articles, letters and advertisements
in O&G are those of the authors and,
unless specifically stated, are not
necessarily the views of the RANZCOG.

Although all advertising material is
expected to conform to ethical and legal
standards, acceptance does not imply
endorsement by the College.

Cover image © Jupiter Images

Contents

Women's mental health

- 13 Postnatal—or perinatal?—depression
Anne Buist
- 15 Mental illness and antenatal care
Martien Snellen, Megan Galbally
- 18 Guidelines for the use of SSRIs in pregnant women
Anne Buist
- 21 Postnatal debriefing
Marc Miller
- 22 Who cares? SANDS does
Penny Brabin
- 23 Remote mental health: Indigenous women of the Top End
Tricia Nagel
- 26 Modern management of premenstrual syndrome (PMS)
John Eden
- 28 Infertility & IVF treatment: the emotional rollercoaster
Kay Oke
- 31 Psychological issues facing women with gynaecological cancer
Rosalind Robertson
- 33 A lifetime of violence: older women and mental health
Liz Olle
- 53 Are we adequately training specialists in women's mental health?
Suzanne Abraham
- 56 The mental health of women in detention centres
Andrew Frukacz
- 58 Women's mental health resources

New developments

- 37 The new New Zealand Perinatal & Maternal Mortality Review Committee
Cindy Farquhar
- 51 The GP Obstetrics Advisory Committee
- 60 A randomised trial: Laparoscopic Approach to Carcinoma of the Endometrium
Andreas Obermair



The College

- 5 From the President
Kenneth Clark
- 9 From the Chief Executive Officer
Eleanor Long
- 10 Points of view
- 39 Meetings & conferences list
- 78 Research Foundation: scholarship & fellowship recipients
- 82 Historical Collections update
Ros Winspear
- 76 Obituaries
- 77 NSW Regional Committee news

RANZCOG Regional Committees

Women's Health

- 38 **Q&A:** Third degree tear
Caroline de Costa
- 41 *Gynaecology management update:*
Polycystic ovaries (PCO) and polycystic ovarian syndrome (PCOS)
Gab Kovacs
- 44 *Obstetric management update:*
Venous thrombosis and embolism in pregnancy
Barry Walters
- 46 Implanon removals: some advice for when the Implanon rod is hard to palpate
Gab Kovacs

In Practice

- 61 Framework for Fellows on the RANZCOG Expert Witness Register
Robert Lyneham
- 64 Audit report: caesarean sections
Paul Howat, Jennifer Scott
- 66 Starting out in private practice: recruitment and selection
Karen Crouch
- 68 Information technology: the third (and final) step
Peter Raymond

Education: for Trainees and Supervisors

- 70 October 2005 MRANZCOG oral examination feedback
Michael Rasmussen
- 73 August 2005 MRANZCOG Short Answer Question (SAQ) feedback
Michael Permezal
- 74 September 2005 DRANZCOG Objective Structured Clinical Examination (OSCE) feedback
Ian Pettigrew



Obstetrics & gynaecology in Asia / Pacific

- 83 New Zealand's new AOFOG representative
Kathy Gillies
- 84 PSRH 6th Biennial Conference—Fiji
Alec Ekeroma
- 86 Asia Pacific Women's Health Fund update
Carmel Walker
- 87 A work and life experience: Mt Hagen hospital
Ian Hoffman

President
Dr Kenneth F Clark

Vice Presidents
Dr Christine G T Tippett
Dr Alastair J Haslam
Dr Glenn R McNally

Honorary Secretary
Dr Peter J Hugo

Honorary Treasurer
Dr Roy I Watson

Chief Executive Officer
Dr Eleanor M Long



The Royal Australian and New Zealand College of Obstetricians and Gynaecologists

College House
254-260 Albert Street
East Melbourne Vic 3002
Australia
Telephone: +61 3 9417 1699
Facsimile: +61 3 9419 0672
Email: ranzcog@ranzcog.edu.au
Website: www.ranzcog.edu.au

New Zealand

Dr Bill Ridley Chair
Steve Williams Executive Officer
Level 11, The Grand Arcade, 16 Willis Street
/ PO Box 10 611
Wellington New Zealand
+64 4 931 9062 Tel
+64 4 472 4609 Fax
s.williams@ranzcog.org.nz Email

Australian Capital Territory

Dr Martyn Stafford-Bell Chair
Suite 8, AAS House, 13 Napier Close
DEAKIN ACT 2600
+61 2 6285 2966 Tel
+61 2 6285 2746 Fax
staffordbell@bigpond.com.au Email

New South Wales

Assoc Prof Christopher Benness Chair
Lee Dawson Executive Officer
Suite 4, Level 5, 69 Christie Street
ST LEONARDS NSW 2065
+61 2 9436 1688 Tel
+61 2 9436 4166 Fax
admin@ranzcog.nsw.edu.au Email

Queensland

Dr Glenda McLaren Chair
Lee-Anne Harris Executive Officer
Unit 22, Level 3, 17 Bowen Bridge Road
HERSTON Qld 4006
+61 7 3252 3073 Tel
+61 7 3257 2370 Fax
lharris@ranzcog.edu.au Email

South Australia / Northern Territory

Dr Christine Kirby Chair
Judith Hamilton Executive Officer
1-54 Palmer Place / PO Box 767
NORTH ADELAIDE SA 5006
+61 8 8267 4377 Tel
+61 8 8267 5700 Fax
ranzcog.sa.nt@internode.on.net Email

Tasmania

Dr Rupert Sherwood Chair
Calvary Medical Centre, 49 Augusta Road
LENAH VALLEY TAS 7008
+61 3 6228 3331 Tel
+61 3 6228 3050 Fax
rupert@hobartobgyn.com.au Email

Victoria

Dr Patricia (Paddy) Moore Chair
Trish Cohen Executive Officer
8 Latrobe Street, MELBOURNE Vic 3000
+61 3 9663 5606 Tel
+ 61 3 9662 3908 Fax
vsc@ranzcog.edu.au Email

Western Australia

Dr Dale Evans Chair
Janet Davidson Executive Officer
Level 1, 44 Kings Park Road WEST PERTH WA 6005
/ PO Box 6258, EAST PERTH WA 6892
+61 8 9322 1051 Tel
+61 8 6263 4432 Fax
ranzcogwa@westnet.com.au Email