

DIPLOMATES BULLETIN

Winter 2007 Edition

Welcome to the Diplomates Bulletin

This is the 2nd edition of the Diplomates Bulletin and in this edition we are focusing on Women's Health Activities. It is that time of the triennium again when we realize that there is only a few months left in which to obtain our Women's Health points to retain our Diploma. Requirements for this triennium are as follows:

Diplomates who are Fellows of, or vocationally registered with the RACGP:

Women's Health requirements for 2005-2007 in the RACGP QA&CPD Program are a total of 30 points in Women's Reproductive Health activities. The 30 points must include at least one Category 1 activity.

Diplomates who are Fellows of, or vocationally registered with ACRRM:

Women's Health requirements for 2005-2007 in the ACRRM PD Program are a total of 30 points including a major activity in an approved practice improvement/quality assurance or clinical assessment category e.g. a relevant clinical audit, a relevant clinical attachment of sufficient length, full participation in a relevant peer review group, completion of the ACRRM practice analysis kit in a relevant area, or relevant skills laboratory training (such as Advanced Life Support in Obstetrics (ALSO) courses etc.).

Following the overwhelming response to the Diplomates Day at the 2006 Perth the GPOA Committee requested that two Diplomates Days be included in the 2007 Gold Coast ASM. We have been working closely with the 2007ASM Organising Committee in planning the program for the Diplomates Day on Gynaecology (1 October 2007) and the Diplomates Day on Obstetrics (2 October 2007) and As detailed below there are four Category 1 activities that Diplomates can attend at this meeting and if you are intending to participate please register early as places are limited for all four activities.

Our aim is to keep you informed with news from the College and if you have any feedback or ideas please use the contact details listed on the last page of this Bulletin.

Jeff Taylor

Chairman, GPOA Committee

Diplomates Program

RANZCOG Annual Scientific Meeting Gold Coast, QLD 1 - 5 October 2007

There will be four activities for Diplomates at the 2007 RANZCOG ASM:

Monday 1 October 2007 - Diplomates Day One – Gynaecology (Mirena, Implanon, Vaccination, Update on NHMRC guidelines – which guidelines to use, Menopause management and Gynaecological update)

Monday 1 October 2007 - Fetal Surveillance Education Program (FSEP) (Fellows/Trainees/Diplomates)

Monday 1 October 2007 - Neonatal Resuscitation (Fellows/Trainees/Diplomates)

Tuesday 2 October 2007 - Diplomates Day Two – Obstetrics (Preventing an obstetric emergency from becoming a disaster, Pre-natal diagnosis, Management of diabetes in pregnancy and more)

Please note numbers are limited for all of the above.

The RANZCOG ASM registration brochure is now available at: <http://www.ranzcog2007asm.com.au/>

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*Diplomates Program
RANZCOG 2007 Annual Scientific Meeting
Gold Coast Convention and Exhibition Centre, QLD
1 – 5 October 2007*

DIPLOMATES DAY ONE

Monday 1 October 2007, 0900 – 1700 hours

GYNAECOLOGY

Sessions include:

Vaccination for prevention of cervical pre-cancer and cancer, Infertility, Mirena, Menopause management, Office gynaecological update and Implanon.

Women's Health Points

Approved by RACGP and ACRRM for 30 Category 1 Points. Procedural grants will apply.

DIPLOMATES COCKTAIL FUNCTION

Monday 1 October 2007, 1900 – 2100 hours

Cost included in registration for Diplomates Day One workshop or
Diplomates Day Two workshop

An opportunity to meet with colleagues, the RANZCOG President, Dr Christine Tippett, the Chair of the RANZCOG GP Obstetric Advisory Committee, Dr Jeff Taylor, and members of the RANZCOG Executive and Council.

DIPLOMATES DAY TWO

Tuesday 2 October 2007, 0830 – 1530 hours

OBSTETRICS

Sessions include:

Preventing an obstetric emergency from becoming a disaster, Pre-natal diagnosis, How ultrasound can help with management of pregnancy, Management of preterm labour with special reference to the remote practitioner, Obstetric management of diabetes in pregnancy (updated Events), Alcohol, tobacco and other drugs during pregnancy and Antenatal and post natal depression (updated Events).

Women's Health Points

Applications have been submitted to the RACGP and ACRRM for Category 1 Points. Procedural grants will apply.

FURTHER INFORMATION

To register, visit the conference website www.ranzcog2007asm.com.au
or contact the Conference Secretariat for a copy of the registration brochure:

Event Planners Australia

(t) +61 7 3858 5553 | (f) +61 7 3858 5499 | (e) ranzcog07@eventplanners.com.au

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Womens's Health Activities 2005—2007 Triennium

ADVANCED LIFE SUPPORT IN OBSTETRICS (ALSO) COURSE MELBOURNE, VIC, 3 – 4 NOVEMBER 2007

Due to the overwhelming response to the ALSO Course scheduled for Melbourne in September the ALSO Board has decided to hold an additional ALSO Course in Melbourne on the 3rd & 4th November 2007 at the Sebel Albert Park, 65 Queens Road, Albert Park, VIC, 3000.

The course details can be viewed at <http://www.also.net.au/calendar.html> and the Registration form can be downloaded from www.also.net.au/images/also_reg_form_2008.pdf

Accommodation is limited so we would suggest that participants act early to secure accommodation at the Sebel Albert Park should they choose to stay there – the hotel contact number is 03 9529 4300.

The minimum number of attendees required is 40 – for this course to go ahead and an indication of potential numbers is required prior to the 1st September 2007.

The ALSO course has been approved for the following women's Health points:

- **RACGP Category 1 60 points**
- **ACRRM PDP – 90 mandatory points component**

***gplearning* INTERACTIVE ONLINE LEARNING FOR GENERAL PRACTICE**

Domestic Violence - Category 1 Activity No 726528

This activity on on Domestic Violence contains modules on topics such as: Facilitating Early Disclosure, Working with women, Disclosure - Management & Strategies and Inquiring About Domestic Violence.

Women's Health - Category 1 Activity No 718617

This activity on Women's Health contains modules on topics such as: Contraception : GP Cases and MCQs, Domestic Violence MCQs, Female Cancer : GP Case and MCQs on Breast Cancer and Cervical Cancer, Menstrual Disorder : GP Case and MCQs.

Please note the pre and post tests must be completed before Category 1 points can be claimed. The post test will be sent out approximately 2 weeks after completion of the modules.

GPE
Contact: GP Helpdesk
Tel: 1800 284 789
Fax: 1800 257 053
Email: contactus@gplearning.com.au
Web: www.gplearning.com.au

Link to the list of Women's Health Activities on the RANZCOG website:

<http://www.ranzcog.edu.au/meetingsconferences>

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Items of Interest

Postnatal/Perinatal Depression

Perinatal depression (PND) is a mood disorder which can impact significantly on women, families and the broader community.

At the July Meeting of the College Council a new College Statement on **Postnatal/Perinatal Depression** was approved.

This Statement can be found on the College website:

<http://www.ranzcog.edu.au/publications/statements/C-gen11.pdf>

beyondblue

There has been an increased interest in perinatal and postnatal depression with figures showing that maternal suicide is the equal leading cause of maternal mortality. 13% of women suffer from a major depressive disorder postpartum whilst many other new mothers deal with adjustment issues and these should not be taken lightly. GPs need to be familiar with the signs and symptoms of depression and also with the recommended treatment. Beyondblue, the national depression initiative, have rolled out a national Postnatal Depression Program and some articles of interest include:

Emotional health during pregnancy & early parenthood

How to help a mother with postnatal depression

The Edinburgh Postnatal Depression scale: a health professional's guide

Antenatal and Postnatal Depression: a guide to management

These can all be sourced from:

<http://www.beyondblue.org.au/postnataldepression>

What topic would you like covered at future Diplomates Days? Send your ideas/topics for

Diplomates Day to: dips@ranzcog.edu.au

2007 Dates and Fees

Subscription Fees

2007/2008 Subscription Fees were sent in May 2007 due and payable by 1 July 2007

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RANZCOG Publications

The College publishes a number of resources on Women's Health topics. College statements are available on a range of issues relating to obstetrics and gynaecology.

College Statements

<http://www.ranzcog.edu.au/publications/collegestatements.shtml>

All College Statements are revised every two years by the RANZCOG Women's Health Committee. Information about revised and updated Statements is posted on the website after each Council meeting. See this link for new/revised College Statements approved at Council - March 2007: <http://www.ranzcog.edu.au/womenshealth/statementsupdate.shtml>

Other College Publications available on the website <http://www.ranzcog.edu.au/publications/womenshealth.shtml> include:

- Intrapartum Fetal Surveillance Guidelines
- Medical response to adults who have experienced sexual assault
- Termination of pregnancy
- Female genital mutilation
- Patient Information Pamphlets

O&G

Articles of interest from the 2007 Autumn & Winter Editions

Autumn Edition 2007

*Elder friendly clinic
(outpatient care for older women - p11
Prolapse in older women - p16
Fertility in older women - p18
HR - p20
STDs in older women - p22
Sexuality in older women - p24
Cerebral palsy case - p30
Informed consent - p32
Obstetric antepartum haemorrhage - p36
Obstetrics Management Update:
Soft signs in ultrasound - p45
Endometriosis - p46*

O&G Website Link

<http://www.ranzcog.edu.au/publications/oandg.shtml>

ANZJOG Website Link

<http://www.ranzcog.edu.au/publications/anzjog.shtml>

Winter Edition 2007

*Recent trends in fertility - p11
Changes in Obstetrics - p15
Climate change for GP obstetricians - p17
Climate Change for urban obstetricians - p19
Moving towards trust and cooperation in obstetrics - p21
The changing climate for New Zealand trainees - p22
Obstetricians & Midwives: A public and political alliance - p23
The GP obstetrician and the midwife - p24
Climate change and trainees - p25
Improving women's perineal health after birth - p30
Gynaecology management update: early pregnancy loss - p33
How to: perform a standard vaginal hysterectomy - p39
Obstetrics management update: Term breech delivery - p46*

Spring Edition 2007

The **Spring Edition** of the O&G will focus on Woman's Breast Health and expected release date is mid September 2007.

DRANZCOG Examiner

Are you interested in applying to become a DRANZCOG Examiner?
Click on this link to find out the requirements and how to apply:

<http://www.ranzcog.edu.au/fellows/examiners.shtml>

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Elected Members of the GPOA Committee

Chair

Dr Jeffrey Taylor
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Deputy Chair

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Member

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(e) elizabethboyd@iprimus.com.au

Member

Dr Jennifer Anderson
Shared Care Representative
MELBOURNE VIC 3000

(e) jennifer.anderson@tpg.com.au

Are you listed on the REGISTER OF GP OBSTETRICIANS on the RANZCOG website?

<http://www.ranzcog.edu.au/find/gp.shtml>

As a holder of the RANZCOG Diploma of Obstetrics you can elect to have your details included in this Register. If you would like to be listed please contact Tracey Wheeler twheeler@ranzcog.edu.au

RANZCOG Staff Contact

Ms Val Spark
Continuing Professional Development Coordinator
(t) 03 9412 2921
(f) 03 9419 7817
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Link to GP Diploma page on RANZCOG website: <http://www.ranzcog.edu.au/gpdiploma/>