

Self Education Points for Fellows/Subspecialists

Fellows and Subspecialists can claim CPD points in the Self Education category, as follows:

O&G review article tests: 1 point per completed article

For verification documentation, keep the test card itself, or feedback of your test score from the relevant body.

Professional reading: 1 point per hour of reading

For verification documentation, keep a copy of your subscription to the nominated journal(s) or a reference list with a record of the date and duration of reading undertaken.

- **RCOG MCQs for Review articles, and Greentop Guidelines**

Available in RCOG newsletter 'The Obstetrician and Gynaecologist' or visit the website at www.rcog.org.uk

- **Journal Article Summary Service (JASS) (1 point per hour for professional reading)**

An international monthly bulletin carrying summaries of previous month's important O&G articles from BMJ, Lancet, JAMA and New England Journal. To subscribe, contact Dr Athol Kent, email atholkent@mweb.co.za or address 15 Greenfields, Pinewood Road, Rondebosch 7700 Cape Town, South Africa, tel +27 21 686 4935, fax +27 21 686 4772.

- **Best Practice and Research Clinical Obstetrics & Gynaecology (1 point per chapter)**

Each issue contains 12 chapters with 30 multiple-choice questions. To order, http://www.elsevier.com/wps/find/journaldescription.cws_home/623004/description#description

Electronic media

- **UpToDate – 1 point per hour**

UpToDate is an electronic information resource - available on the [Web](#), [desktop](#), and [PDA](#). With UpToDate, you can log in and get specific, detailed answers to your clinical questions. Over eighty million patient-related problems are researched each year with UpToDate. Visit the website at <http://www.utdol.com/home/about/index.html> for further information.

- **Choices with Childbirth CD-ROM package (10 points for completion of online test)**

Includes an online test of 100 multiple choice questions based on the information in the Choices with Childbirth program and the Handbook of Vacuum Extraction (\$AUS215, incl GST and postage within Australia). To claim points for this activity, Fellows must print out their test responses. Visit the website at http://www.vaccaresearch.com/web-content/vacuum_delivery_home.html

- **RCOG DIALOG CD-Rom (15 points per CD-ROM)**

Each six monthly DIALOG CD-ROM provides up to 50 new fully interactive case studies on each CD-ROM. To claim points for this activity, Fellows must print out their test results. To order DIALOG, contact Noor Publishing, 35 Kenwood Park Road Sheffield S7 1NE, UK, tel +44 114 258 7986, fax +44 114 250 9478, email sales@noor.co.uk or visit the website at <http://www.rcog.org.uk/dialog> for further information.

- **Ultrasound: Obstetric and Gynaecological DVD-ROM Library (1 point per hour)**

These DVDs each contain 200-300 video clips of gynaecological and fetal pathology and focus on the sonographic approach to diagnosis. Titles currently available are Ectopic Pregnancy, Ultrasound and Infertility, First Trimester Malformation, Fetal Chest Malformation and Fetal Face & Neck Malformation. Cost is AU \$198.00 per title. To order contact ASUM tel +61 2 9438 2078, fax +61 2 9438 3686 or visit the website at <http://www.asum.com.au>

- **Medscape online CME – Obstetrics & Gynaecology articles (1 point per post-test)**

Medscape offers free CME online, at <http://cme.medscape.com/> and you can access O&G related articles and complete a post-test for each one.

- **Audio-Digest Foundation - O&G tapes/audio CDs (2 points per tape/CD)**

Audio-Digest offer O&G tapes/audio CDs in obstetrics and gynaecology that come with tests. Audio Digest Foundation 1577 East Chevy Chase Drive, Glendale, California 91206, tel + 1 818 240 7500, fax + 1 818 240 7379, email adinfo@audio-digest.org (for ordering and subscriber services) or visit the website at www.audio-digest.org

- **ACRRM The Art of Obstetric Ultrasound CD-ROM (1 point per hour)**

The CD-ROM includes elements of an ultrasound machine, ultrasound simulation, video clips, 17 obstetric cases, ultrasound resource list and a post knowledge test. To claim points for this activity, Fellows must print out their post-test results. Cost is AU \$30.00 for ACRRM members, \$35.00 for non-members, incl GST. To order, contact ACRRM tel 1800 223 226 or 07 3105 8200, fax 07 3356 2167 or visit the website at www.acrrm.org.au

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